S | SUMNER COLLEGE

THE OLSO Some fun things to try this spring

Spring 2022 Edition

8338 NE Alderwood Rd. Portland, OR 97220 www.sumnercollege.edu

Issue #14

Spring has Sprung!



The One Motorcycle Show

April 29th -May 1st

Thousands of motorcyclist / motor enthusiasts celebrate bikes and bike culture. Wide range of bikes on display!



Top Down Rooftop Cinema

Open air rooftop screenings of movies! Located at OMSI July 10 - Sept 26. Food, drink, weekend themes and costumes. Outdoor watching at pop up venues throughout Portland.



The Wooden Shoe Tulip Festival

April 8 - 15th

The owners of the Wooden Shoe Tulip Farm have expanded beyond the beautiful tulips, adding a gift shop and café. They also have a kids' area for family-friendly fun, complete with rubber duck races, pony rides, and a "cow train" for rides through the flower fields.



Jobs in the Portland Metro Area:

2,863 RN*

2,794 PN*

9,637 MA*

Click links above to view current listings

Source: <u>www.careeronestop.org</u> *As of April 1, 2022



UPCOMING EVENTS

April	1

/						
SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	// Mid Terms	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sumner Academic Calendar





Donuts on Us! May 11



Your dedication inspires us.

MAY THE 4TH BLOOD DRIVE

CLICK HERE TO SIGN UP

10 AM to 3 PM

CASCADE CAMPUS

SAVE A LIFE

this May the 4th by donating blood

The American Red Cross has faced a national blood crisis in 2020 – its worst blood shortage in over a decade, posing a concerning risk to patient care. Watch Star Wars with us while donating!

Snacks Provided by the Red Cross

May									
SUN	MON	TUES	WED	THUR	FRI	SAT			
1	2	3	# BLOOD DRIVE	5	6	7			
8	NURSES APPRECIATION WEEK	10	11	12	<i>13</i>	14			
15	<i>16</i> FINALS	17	18	19	20 Term END	21			
22	Break Week	24 - - -	<i>25</i>	<i>26</i>	<i>Z</i> 7	28			
29	MEMORIAL DAY MAY 30	ろ Term Start							



Details on Page 7





Student of the Month

The Sumner Student of the Month award is selected by staff and faculty by popular vote. Some of the characteristics we are looking for are reliability, professionalism, and a positive attitude. Some of the characteristics and comments shared by the faculty and staff are listed in italics.

ADN Program

Rachel, RN

"Very bright, conscientious and personable. An asset to the cohort."

"Rachel is always prepared, turns in assignments on time, collaborates well with her peers and participates in all class discussions."

"Rachel is a wonderful student and future nurse. She works hard, has a positive attitude and is respectful to those around her."

"Based on her body language she is actively engaged with all class material!"



Born and raised in Wasilla, Alaska, Rachel graduated from the University of Alaska, Anchorage with a Bachelor's degree in Human Services. She began working at a library for the visually impaired and then started a career as a Special Education-based Behavioral Technician focusing on assisting pediatric age clients confronting Autism spectrum challenges. Rachel chose Sumner College because of its accelerated structure, small cohort size, and the inclusion of prerequisites. She plans on continuing her education to complete a BSN and would like to start her nursing journey in either

women's health or offering support in a hospice environment. Her desire to become a nurse was based on her desire to seek opportunities to help others, particularly at their most difficult times. Rachel is proud to have 3 wonderful kids, 3 cats, and exercise via the rigor of weightlifting, and is a huge fan of rock concerts!

PN Program

"Caroline is the epitome of a great nurse!"

"This amazing student is resourceful, observant, helpful, introspective and bright."

"She has an excellent attitude and is a positive influence on her cohort."

"I was impressed that she scored 100% on all of her patient assignments."

Caroline, PN

Caroline moved from Kenya in May, 2018. She was helping her father with medical care at home and learned much during this episode. Working in assisted living and memory care environments she was inspired by how grateful patients were for the compassionate care she provided. Caroline was encouraged by her nursing supervisor to pursue her LPN. As a student at Sumner College she has been impressed with all the skills that the instructors have, but even more thankful for the encouragement, answers to questions, and supportive environment they



each provide. Future goals include earning her BSN and continuing to focus her energy on the geriatric population. Caroline has always enjoyed the simple joys of hiking, cycling, and appreciating the beauty of nature, but also enjoys the adrenaline rush of bungee jumping, sky diving, and roller coasters!

The Student of the Month is awarded a \$500 dollar scholarship!

MA Program

"Very creative and a positive team-builder!"

"Ashlyn is professional and efficient."

"She contributed a lot to all of her lab classes."

"A joy to work with—always on time and on task!"

Ashlyn, MA

Ashlyn graduated from high school in June of 2021 and enrolled in Sumner College's Medical Assisting program the following month. Having worked as a lifeguard and swim instructor for the YMCA she felt ready to begin a career in healthcare. She believed that the MA program would offer knowledge of the medical profession and would be a great introduction to clinical skills and patient interaction techniques. Ashlyn appreciated the "hands on" learning experiences offered and benefited from the smaller cohort size. After completing her externship with the



Vancouver Clinic she was hired at their Salmon Creek location in the OB/GYN department. This is a great first step towards her ultimate goal of becoming a midwife! Ashlyn's interests and hobbies include reading, listening to educational podcasts, knitting, crocheting and hiking. She is proud to be a Sumner College alumni!



Portland Farmers Market





The Portland State University (PSU) Farmers Market on Saturday mornings is a fantastic pick for folks staying in or near downtown. This Market is open year-round!

March, the PSU Farmers Market is open from 8:30 am to 2:00 pm. The Market is easily accessible on the Portland Streetcar – just get off at SW Park and Market and walk a couple of blocks south.

Beginning in



Practical Nursing

Spring Willow Springs Care
Catherine Western State Hospital
Kaitlyn Vibra Specialty Hospital
Yasmin Vibra Specialty Hospital
Wyatt Columbia County Jail
Crystal Tierra Rose Care Center

Denise Gresham Post Acute Care & Rehab

Tiffany Avamere Health & Rehab Evanson Aldercrest Health & Rehab

Nicole Douglas County Jail
Phoenix Adventist Health
Hannah Columbia Care Center
Teresa Washington County Jail
Kaitlyn Aveanna Home Healthcare
Danica Rainer Rehabilitation
Mariah The Vancouver Clinic

Mariah The Vancouver Clinic
Chelsea Avamere Health & Rehab
Kayla Avamere Health & Rehab

Registered Nursing

Angelina Maryville Nursing Center

Keyara FlexForce Staffing

Angelica Providence Milwaukie Hospital Michael Providence Milwaukie Hospital

Sierra Oregon State Hospital

Julie Davita Dialysis

Courtney Providence Sacred Heart Medical Center

Providence Willamette Falls Medical

Jillian OHSU -- Hillsboro

Savannah Providence Portland Medical Center Alexandra Providence Portland Medical Center

Dakota St. Charles Hospital
Ekaterina Adventist Health
Elizabeth Fresenius Medical Care
McKenzie Aesthetic Medicine (Dr. Darm)

Group

Georgia

Medical Assisting

Michael The Oregon Clinic -- Gateway

Hunter The Vancouver Clinic Kylee The Vancouver Clinic

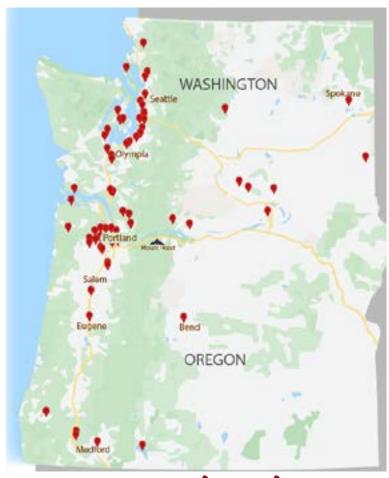
Catherine Legacy Medical Group -- Pulmonary

Ashley Aesthetic Medicine (Dr. Darm)

Marcie Old Town Clinic -- Central City Concern

Shawntae Kaiser Permanente

Tanessa Providence Medical Group



Congratulations!

COMMENCEMENT CEREMONY

With the majority of our graduates working in the healthcare field, the decision was made to continue to host an online ceremony for the 2022 summer commencement. Input from clinical partner facilities and their high vacancy rates for healthcare personnel was a primary reason to offer an online ceremony at this time. The virtual ceremony will be released via email on Tuesday, June 7th.



GRADUATION CELEBRATION

A graduation celebration will be hosted on campus on June 7th. A photographer will be on site to take photos, as well as a photo booth, and refreshments will be served. Students are welcome to bring their family and celebrate this accomplishment with their cohort and take photos in their cap and gown. Each cohort will be hosted at the following times:

RN COHORT 16 - 9 AM TO 10:30 AM RN COHORT 17 - 10:30 AM TO 12 PM PN Cohort 45 - 12 PM to 1:30 PM PN COHORT 46 - 1:30 PM to 3 PM PN Cohort 47 - 3:30 PM to 5 PM MA COHORTS - 10 AM TO 2 PM

ORDERING YOUR CAP AND GOWN: APRIL 21ST DEADLINE

Please check your email for details on how to order your cap and gown. Orders must be made prior to April 21st, 2022. Your cap and gown will be shipped to the school and will be available for pick up at Student Services starting May 16. Watch for an email from Career Services for pick-up location. Please bring a copy of your email confirmation when picking up your order.

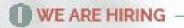




Career Opportunities with our Clinical Partners

ARE YOU FRIENDLY & PATIENT-FOCUSED?

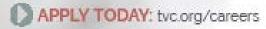
Yes? We want you on our care team.



Nursing Assistants • Medical Assistants Licensed Practical Nurses • Registered Nurses



Opportunities for career growth in a supportive environment, competitive Total Rewards Program, convenient locations in SW WA & the Portland metro.





TOP 5 REASONS TO WORK WITH



- Take advantage of knowledgeable and supportive mentors through Tenderly Hospice nurse leaders
- 2. Avoid burnout Tenderly Hospice has adequate staffing
- 3. Enjoy a competitive salary with quarterly bonuses
- 4. Work with like-minded and tenderhearted clinical team
- 5. Tenderly Hospice is a local company that knows how to treat its employees well

Send your resume to office@tenderlyhospice.com and use **Sumner College** in the subject



Get Inspired

<u>Sumner Graduate Success Stories</u>



Patrick, LPN

Prior to enrolling at Sumner College, I was working as a Direct Support professional. I wanted to be more helpful to my clients and assist them with their healthcare needs so I completed their LPN program. I spoke with former students that attended Sumner and they all had good things to say about the college, and I agree!

Keep up the great work!

Patrick was hired as a Licensed Practical Nurse at a hospital in WA



APPLY FOR THE QUARTERLY SCHOLARSHIP For Current Sumner College Students

• This Scholarship is awarded every quarter. Deadlines for submitting applications are as follows:

March 31 (Spring)| June 30 (Summer) | September 30 (Fall) | December 31 (Winter)

• Submit completed applications in person or via email to **scholar-**

ships@sumnercollege.edu

- Students not selected can re-apply for consideration in future academic years
- Students will be notified of scholarship outcome within 30 days of submission deadline.









Career Opportunities with our Clinical Partners





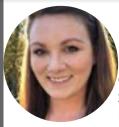
and infection prevention nurse.



APPLY TODAY!

Ryan Lockwood (503) 607-0174 rlockwood@avamere.com

$\overline{\mathbb{S}}$ umner Graduate Success Stories



Sharon, MA

Before enrolling in Sumner College's Medical Assisting program, I had been working as a CNA for 8 years. I always knew I wanted to do more and expand my skills in the healthcare field. I had multiple people recommend Sumner College because of how they really teach you what you need to know. They prepare you for your career! I ultimately plan on continuing on with completing my LPN.

Sharon was hired as a Medical Assistant with a PNW health system



Monthly Rental Fee Includes

- ✓ All Utilities Included
- ✓ Furnishings Included
- ✓ Large Tandem Garage
- ✓ Granite Counter Tops
- ✓ Luxury Vinyl Plank Flooring
- ✓ Stainless Steel Appliances
- ✓ Individual Coded Room Locks
- ✓ Washer/Dryer

Nearby Amenities

- ✓ Starbucks
- ✓ Columbia Crossing **Shopping Center**
- ✓ Fred Meyers
- ✓ Panera
- ✓ Parks within Walking Distance



email: housing@sumnercollege.edu

Luxury Townhomes Four Bedrooms

Rent a room with your classmates near the Sumner College Campus!

Housing Policies

Must be an enrolled student to rent

One Student Max per Room

No Pets Allowed

No Overnight Guests

No Illegal Drug Use

NO Smoking

Failure to follow these policies may result in immediate eviction

15 Minutes from Sumner College



Exclusively for Sumner Students Limited Availability, Email Today!



Interested in Joining Med Club?

Med Club was started for students who are looking for the opportunity to make a difference in the community and build volunteer experience alongside their fellow classmates. Our purpose as a club is to foster a unified spirit among Sumner students as they prepare for a career in the medical field. We do this through exploration of patient care issues, participating in community/volunteer outreach, and experiencing leadership and networking opportunities.

Med Club is student led - it needs you! Students in term 2 or higher have the opportunity of being nominated leader.

There is something special about being in it together with fellow students. Students from across the programs and in different terms can together provide empathy for each others' specific challenges, and valuable encouragement. Participating in Med Club offers a place to exchange ideas, give back to our communities, and most importantly, give us a place to encourage and support one another. Be a part of the post-COVID-19 relaunch. Email studentservices@sumnercollege.edu

Be the difference

Passionate about providing quality patient care?

The Oregon Clinic is the place for you!

Be part of our team! Hiring MAs, LPNs, RNs, & more.



${f S}$ umner Graduate Success Stories

Prior to enrolling in Sumner College's ADN program, I was working in dialysis for 7 years. I wanted to continue my education to have a broader spectrum of care for my patients. I applied Julie, RN to the ADN program



because pre-requisites weren't required to start. Some of my educators were amazing! They were very helpful with more than just teaching us skills, but helped us build confidence to succeed!

After graduating Sumner College, Julie was employed as a Registered Nurse at a dialysis center



Career Opportunities with our Clinical Partners



COME WORK WITH US!

CAREER OPPORTUNITIES
(6 PDX LOCATIONS)

ABOUT US

Metropolitan Pediatrics is a 5 STAR Medical Home with 50 providers and six locations, compassionately caring for Portland-area families since 1999.

GET IN TOUCH

@MetroPediatrics recruiter@metropediatrics.com

apply

metropediatrics.com/careers

Advice Nurses Medical Assistants Administrative Support Patient Access Specialists

- + Health & Dental (100% employer-paid premium for employee)
- + Voluntary Vision
- + Short-Term Disability
- + Life Insurance
- Paid Time Off
- + Oregon Sick Leave
- + Paid Holidays
- + Competitive 401(k) Match
- + Flexible Spending Account
- + Continuing Education & Tuition Reimbursement Program
- + Employee Assistance Program
- + Retention Incentives Plan



If you are interested in an opportunity to learn, grow and make a difference, then being a Medical Assistant at OHSU is the right job for you.

OHSU will offer you exceptional health benefits and incentives including a hiring bonus.





Make an impact on the life of a medically fragile client by providing in-home, holistic, one-on-one care.

For over 16 years, Nursingale has strived to enhance the lives of the medically fragile at home and in the community.

We are looking to add caring, compassionate, and flexible RN's and LPN's to join our team.



Nursingale continues to be ranked among Oregon's 100 Best Non-profits for 2020!

Visit www.nursingale.org to Apply TODAY!

Meet the New Members of the Sumner Family





Kris Willis - Dean of Students

Kris comes to Sumner with over twenty years' experience in higher education as both Faculty and as an Educational Consultant. Most recently, Kris served as the Client Executive with ATI and worked with Sumner this past year. He spent ten years working with ATI and Elsevier and has worked with hundreds of Nursing and Health Professional Programs throughout the United States. Additionally, Kris was full-time faculty and served as a Director of Debate at the University of Florida, Florida International University, and Appalachian State University. He has a MA degree in Communication Studies with an emphasis in Rhetoric and Political Communication.



LadyByrd Wong - Nursing Instructor

LadyByrd is a returning faculty member to the Sumner College team. She has a BSN with a minor in biology. She has volunteered at various organizations the likes of Good New Community Health Center, Asian Health & Services Center, Providence Medical Center and many other wonderful organizations in her community.



Aurora Newkirk - Admin Assistant

I was born and raised in Alaska. I have a BA in English. My interests include Star Trek, Dungeons & Dragons, and reading big books in an insanely short amount of time. I moved to Oregon in January 2022, and am excited to see all this state has to offer.



Daniel Perez - Admin Assistant

Hello, my name is Daniel Perez. I'm a current senior at Portland State University, studying for a Bachelors degree in social science with a concentration on Middle Eastern Politics, Criminology, and Security. I hope to eventually work in the Security Office at the CIA. I love to read all different kinds of books, spend time outdoors, coach long distance Track and Field, as well as staying in shape as a former competitive Martial Artist. Please feel free to come up to me and ask me questions, I love to talk with my coworkers and foster our working relationship.



The Pulse is a quarterly newsletter for our Student Body, Faculty, Staff and Alumni. Any comments or questions regarding this issue can be sent to Victoria Gleason at vgleason@sumnercollege.edu